

The Complete Guide Of Secrets Book of Creation

Intelligence of free will

What is free will?

How was free will created?

Is it through the intelligence of free will that we can realize dreams, goals, money, health, relationships, love, and communication?

Let's start.

What is intelligence?

Intelligence in one word is "ability".

What is free will?

Free will is "to be what you choose to be."

The intelligence of free will?

It's the ability to live like you want to live.

Are there people who live just as they want?

Yes, when the intelligence of free will is developed,

You can choose to live a life like you want.

Do beliefs reflect reality?

Yes, the reality of each person reflects his hidden beliefs.

And the hidden beliefs of each person appear in the reality of his life.

What do you do to change an existing situation?

3 tools will help us:

- Reading this guide several times until understanding and assimilation
- Practicing Lous-Yoga meditation to change hidden beliefs
- Execute Lousky Medicines for changing habits

Is it possible that there is a short series of actions that you will take for 13minutes a day that will dramatically and permanently change your life for the better in all aspects?

Health, abundance, money, financial independence, success in everything, love and successful relationships?

Sounds crazy!

Impossible you said?

Can't do it?

Not a chance?

In order to understand what I am talking about, we will have to go back in time...

The year is 1805BC, Abraham the father of all fathers and the prophet of all religions, the special man who revealed the divinity,

He received a small 5-page book called Sefer Yetzira.

The book describes in codes and formulas how to create success, health, love, vision, wealth.

In fact, it is a book that describes in codes and formulas how God created the world and how humans can create their world.

The power of the book was great, and the fear was that it would fall into the wrong hands, so Abraham refuted the book.

He cut the book into twelve parts,

selected twelve people and gave each of them one part for safekeeping. They kept their part in mind, in memory, and inherited it from father to son for many generations.

That way they kept the secrets from bad use by bad people.

Therefore, and for this reason, Sefer Yetzira was hidden from you for 3800 years.

But you are not the bad people.

In fact, you are the right people to teach them the codes, formulas and secrets of the Book of Creation, in order to create a better world.

Those who kept one part out of 12parts and learned the formulas and codes from the part they had were much healthier and much more successful than others.

They lived a longer and healthier life, They lived a life of wealth and happiness, they dominated their life,

they lived a life of "free will", they lived as they wished to live.
Everything they touched was a success.

They learned through the secrets of the Book of Creation.

How the Creator created his world and thus created their world.

They created successes, health, focus, joy of life, they created plants, they created animals and finally dared and created a person in the form of a golem, known as the "Golem of Prague", they created everything using the formulas and codes from the Book of Creation.

Those who concealed the secrets of the Book of Creation wanted to protect humanity.

They spread rumors that people who were not allowed to come close to the creation book and the secrets in it could be burned and die a cruel death they and their families.

They sowed fear and the fear that they sowed had become a deadly virus.

They sowed fear to keep away the bad guys.

But the fear that they sowed prevented humanity from accessing the secrets of the Book of Creation, and not only the bad ones.

1100 years ago, parts of the book were collected and consolidated and only after intensive work of hundreds of years were the researchers able to reconstruct the original text in four different versions.

Until the 18th century the Vilna Gaon wrote a comprehensive

commentary to the book and immediately followed a flood of researches around the book.

All the greatest scholars and scientists have demonstrated proof of the great power of the Book of Creation.

The scientists say that just as every manufacturer gives a guide book with the product he sells, so God gave Adam a book of guidance, which is the Book of Creation.

They took the book, read the codes and learned from it the formulas by which they lived life as they wanted without limits and limitations.

All the great sages of Israel throughout the ages dealt with the book and wrote many commentaries on it, among them the most famous of which are Saadiah Gaon, the Gaon of Vilna, the Ramban, Isaac ben Solomon of Israel, Donsh ben Tamim,

Rabbi Yehuda Ben-Barzilai of Bresloni, Rabbi Yitzchak Segi Nahor, the Ari HaKadosh Rabbi Yitzchak Daman of Akko, the Ramak and the Vilna Ga'on, Rabbi Yehuda HaLevi and many other researchers from all over the world. Professor Leibs, the Israel Prize laureate from the Hebrew University of Jerusalem, writes in his book "The Creative Theory of the Book of Creation"

that the Book of Creation is the guide book that the Creator gave to humanity.

To this day most people do not touch the book, they are still infected with a virus that has been planted in their minds for 3800years.

The people who kept the secret were smarter, richer,
More successful and healthier, while others watched them.

They did it using a simple technology they discovered in
the Book of Creation.

I did not get close to the Book of Creation until the age of 53.
and only when I decided that I was ready to die if necessary,
I approached it.

When I approached, I was not burned or killed.

I went to the orchard, investigated and demanded, and so for 20
years of investigation I wrote 14 books of instruction and
interpretation

of the Book of Creation.

In recent years I have seen in the holy book the simplicity of the
greatest secret of all that dramatically changes life in
every aspect of life.

I saw the ingenious in the simplicity.

It eluded me for 20years of research.

Now I decided to reveal this great secret to the whole world.

The greatest secret of the Book of Creation from which everything
was created.

Is "free will" simple?

What does the Book of Creation tell us?

The Book of Creation states that the world was created by means of 32 paths composed of twenty-two Hebrew letters and ten numbers.

Each letter created another part of the world.

The letter A created the free will.

Human beings used letters A O, E, U, I, to describe wonderful things

Without being aware of the power of creation of the letters

A, O, E, U, I.

A O, E, U, I are an option and it symbolizes nothing, zero, empty.

In a void you can create everything according to your free will.

Here it comes...

In order to connect to the secret and to the free will in its entirety,

and to succeed in bringing about a dramatic change in life,

three simple tasks must be performed:

- Reading this guide several times until understanding and assimilation
- Practicing Lous-Yoga meditation to change hidden beliefs
- Execute Lousky Medicines for changing habits

Here again in detail:

1. Change in values changes beliefs - by reading this guide several times to understand the "technology" of free will.
2. Listening to the Lous-Yoga meditation 13 minutes a day.
3. Changing habits - by execute "Lousky Medicines" that are simple, targeted human actions - 6 minutes a day.

Those who carry out the simple tasks are assured that their life's will change from one end to the next, by acquiring the ability of "free will", and have the ability to create the reality of their life in every aspect, as did our wise ancestors have succeeded in creating even a person in the form of a golem.

Understanding the technology of free will to change.

If it's so simple how we have not seen it?

Yes, it is simple, and it was always there, right next to us, but we did not really see it.

It was so close and so simple that it was hidden from us.

Some people say, "When I see it, I'll believe it".

And the Sages say "When you believe in it, you will see it".

Whoever did not believe it, did not see it, even when it was right in front of him.

And ... You have to remember that in our subconscious we were infected with the fear virus and therefore we did not see or ask or inquire about

the wonderful book.

But now that we are immune to the fear virus and everything is allowed, And we know it's there and believe in it,

This is the time, after 3,800 years, it's our time.

Free will is created as a result of a balance between the desire to accept and the desire to give.

The desire to give or the desire to receive was not hidden from us, because we dealt with it every day, dealing with receiving and giving endlessly.

What is hidden is the technology.

How do you create free will?

So close and found in every human action in our lives and so far from our perception of life that it was hidden from our eyes.

The simplicity of this tool - free will - is ingenious.

It's absolutely divine.

Want to start right away with the tasks and discover the secret?

In fact, the first task has already begun with reading this guide

and understanding the technology of free will, because after understanding it we can then continue to memorize the technology and assimilate it in the subconscious by listening to the meditation of Lous-Yoga.

How will free will be created?

We simply said - free will is created as a result of a balance between the desire to receive and the desire to give.

The way to balance them is by keeping on the right direction.

The right direction is - **a desire to receive in order to give.**

Here are more detailed details about the technology...

The constant struggle between the desire to give and the desire to receive shapes free will and this requires observation and awareness.

The desire to receive is a natural human action that is drawn downward to the physical level, with "I" at the center, whereas the desire to give requires effort and is carried up to the spiritual level, where the "other" is in the center.

The transition from the desire to give the desire to receive and vice versa, creates a dramatic change in the structure of the personality, and then when the personality structure changes, we attract to us and order templates, events and people that fit the structure, the new personality.

If a person is always in reception, the obvious change is to give of himself,

If a person just gives of himself, his medicine is to get for himself.

The rise and fall of the ladder is the engine for change.

The contrast and polarity between the desire to give and the desire to receive exist in everything in nature, in electricity (plus and minus), in the human cell (positive electron and negative proton), male and female, day-night, low tide, magnetic polarity.

In the Book of Creation, the opposites were mentioned for the first time (male and female created them) and later, in Genesis 1, the opposites were mentioned in the form of light and darkness, heaven and earth.

The goal of polarity is to bring the person to produce energy from himself, an engine for inner change.

The presence of opposites creates the harmony needed for inner change.

It enables the discovery of hidden beliefs and that enables awareness

that is, communication between the conscious and the subconscious.

According to the Book of Creation, everything connects to something similar to it, is the opposite of it.

Contradictions that create the whole.

If there is no question, there is no answer. If there is no cure also there is no disease. If there is no male, there is no female.

In other words, some of these are combined with these and these changes, one against the other and against the other, and if these are not there,

and all of them are devout in the wheels of the wheel and heart:

(Sefer Yetzirah, Chapter 6).

The qi - life energy according to the Chinese or free will according to

The Luskian approach of the Book of Creation - was born with the principle of polarity, which describes the initial connection between ying (desire to receive) and yang (desire to give), between heaven and earth, And letters). The qi (free will) contains them and connects them and together they create the ability to form and grow into the whole and all its parts.

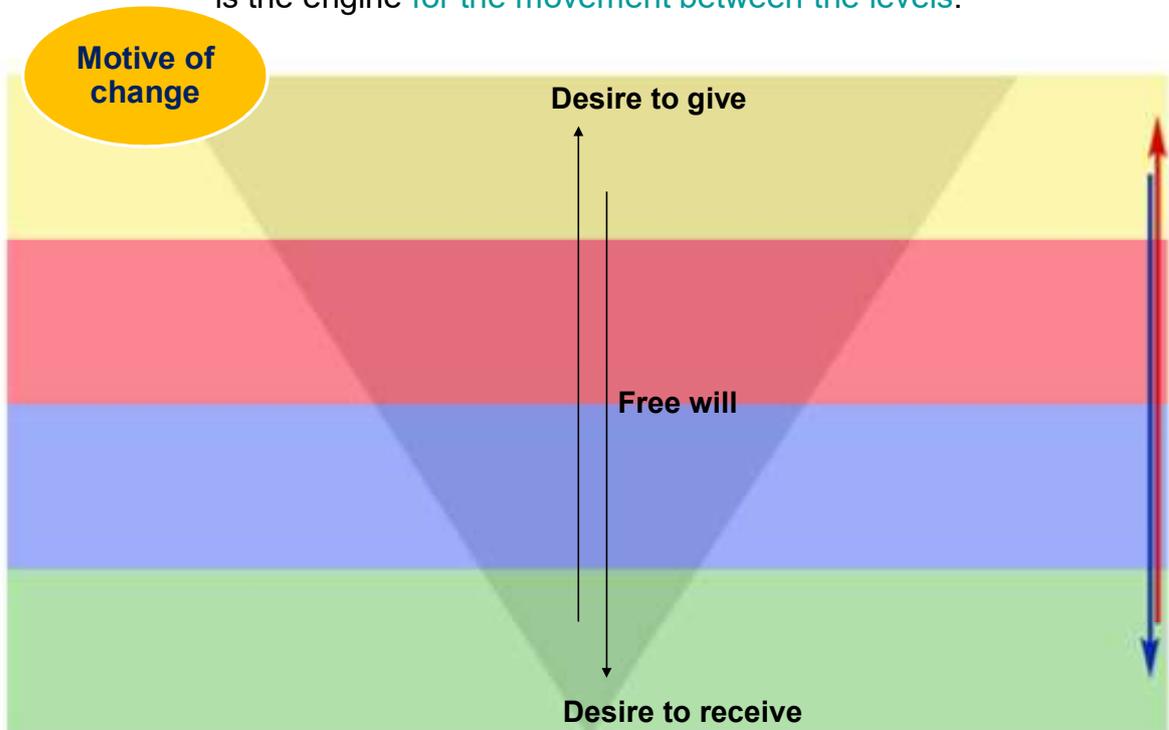
This view of things explains the entire world with all its phenomena,

As they all occur as a result of the opposite but complementary relationship between the desire to receive and the desire to give,

two qualities that create free will, which is the force of life.

Free Will Power as an Engine for Change

The unending struggle between the desire to give and the desire to receive, is the engine for the movement between the levels.



What is the theory of tubes?

The theory of tubes in the Lousky method holds that everything is a tube, everything in the body, and the universe.

In the universe, it is a tube into which something enters on one side, and must come out on the other.

It comes out on the other side to leave an empty tube.

The void wants to be filled and therefore fills up, when it fills up it empties again, an independent motor that operates ceaselessly.

this force is called the force of life and is the will power inherent in everything - in man and in nature.

Indians call it prana, the Chinese call it qi, the Japanese call it kay, and in Hebrew it's called will power, which is the life force.

Power from life is created by the inherent contrast of everything in nature. The goal of polarity is to bring the person to produce energy from himself, an engine for inner change.

The presence of opposites creates the harmony needed for inner change.

Back to the tube... If the tube is empty it can again get filled, if the tube is filled with something it will lead to blockage, malfunction, problems, disease and death.

Let's look at this together:

Respiratory system, we breathe air into the lungs and breathe it out immediately.

If we do not release the air getting into the lungs, we may choke and die.

Digestive System, we eat and then we empty it out, if we do not do so, we will explode with the food in the stomach, and so do the fluids in the body.

the bloodstream, the lungs, the heart, the cells that are being replaced. Babies are born and the elderly die. It's a person's life cycle.

Let's see how it is in nature - the water in the sea evaporates and creates clouds which travel far away to rain elsewhere.

rain water seeps into the depths and returns through the rivers to the sea - the water cycle.

We will see a similar process in the food chain, and we will see this in our galactic structure and in distant galaxies.

What goes into the tube must go out in order to create an empty space so that it will be filled again, and it repeats itself without interruption

And creates life.

The direction of insertion is critical.

We want the river always to pour water into the sea.

If the sea pours water into the river, it will cause a flood, destruction and death.

We are born (wanting to receive) and die (wanting to give) and not in the opposite direction.

We eat (desire to receive) and then evacuate (desire to give) and not in the opposite direction.

First there was a past (a desire to receive) and then comes the future (a desire to give) and therefore the right direction between receiving and giving is - receiving and then giving, that is to receive in order

to give, That's the right direction.

Any other way will create blockage in the tubes, decay, mishaps, anxieties, diseases, floods, destruction, darkness, trouble, bank irregularities and other problems that we experience in life and eventually death.

To realize dreams faster and to start acting out of free will,

We will continue to understand the technology that will help us change our perception so that new awareness will be received.

This is the first step mentioned in the process.

We recommend reading this guide at least 7 times during the 40days of preparation for the big change.

How is my perception changing?

The reality of man is the evidence of his hidden beliefs, and the hidden beliefs are what lead man to his reality.

Where are the hidden beliefs?

The hidden beliefs are in the subconscious.

The hidden beliefs are the writing on the wall, the structure of our personality to which we magnify our events, people, skills and reality.

This is similar to the address we record in the navigation software and then the software takes us to the registered address.

If we decide to turn to another street, or deviate from the path,

The software will recalculate and take us to the address written on the wall in the software.

Therefore, our goal is to write in the software the address we want,

The address written in the navigation software will be our destinations,

our dreams, or the list of skills we want to acquire, the successes, the health, the amazing relationship we want.

All this must be registered on our wall.

And in order for this to happen we must bring together the conscious and subconscious with the divine-conscious.

So that our three memories will work in perfect coordination and synchronization, and then the desired and the real will meet, and there will be no more gap between what I want and what comes out.

3 tools will help us achieve the goal:

- Reading this guide several times until understanding and assimilation.
- Practicing Lous-Yoga meditation to change the writing on the wall.
- Execute Lousky Medicines for changing habits.

The three memories

What is the difference between subconscious, conscious, and divine conscious?

According to the Luskian approach of the secret book of creation there are three areas of memory - the head of the belly and the heart, the air, the water and the fire, the left and the right and the center.

The conscious mind is our brain, it is the memory that is responsible for the desired, that is what we want.

The conscious mind reflects the open beliefs.

It is our desire to accept and he manages things, he is a bad manager because the mind constantly wants more and more, and therefore, mistaken and misleading.

Our brain can barely remember what we ate yesterday afternoon or where the red shirt we ironed.

The brain can only perform one action simultaneously.

It is completely limited and therefore should not be relied upon.

The subconscious is in charge of what exists, that's what comes out,

this is our reality.

The subconscious reflects our hidden beliefs.

This is the desire to give, he is the soldier who does exactly what he is told. This is the writing on the wall, this part is in the abdominal area.

The subconscious responsible for the entire autonomic system and performs billions of simultaneous actions, breathing, vision, hearing, regular activity of the stomach, blood, fluids and more, all in perfect synchronization.

The subconscious mind remembers everything that happens to it, but it does not update the conscious mind, so it is a big one for us.

When our conscious mind is not synchronized with the subconscious we come to all kinds of places we did not want to reach them, we always get to the address inscribed on the wall of the subconscious.

This is the address we do not want to reach.

This creates the huge gap between the desired and the real.

How did these beliefs come to our conscious mind?

And how did we get to places we did not want to reach?

It's simple...!

We ourselves have programmed ourselves.

How?

Every time someone else told us something bad about us,

We believed him and put it on the wall in the subconscious.

If Dad told you, "Probably nothing will come of you." And you believed him, that thought was circulating in your conscious mind enough times

Until it was registered as an address in the subconscious.

And this address automatically led you to "nothing came out of me" and the subconscious mind, the good and wise soldier who knows how to carry out billions of actions at the same time will summon you failures, mishaps and diseases to fulfill the wish that you wrote on the wall,

"Nothing came out of me".

Now to fix this we will reprogram the subconscious mind

With our new goals, dreams, and desires, and synchronize between conscious and subconscious, programmed - we will write on our subconscious wall our most daring dreams and these will be performed automatically by the subconscious.

How do we do that?

3 tools will help us achieve the goal:

- Reading this guide several times until understanding and assimilation.
- Practicing Lous-Yoga meditation to change the writing on the wall.
- Execute Lousky Medicines for changing habits

And what about the third divine conscious memory?

The divine conscious is the heart, it's the DNA.

It's free will, where everything is possible for us, where all the answers

and all the possibilities are available.

This is where you will find what you do not know you do not know you do not know.

It is the emotional memory that is not confined to the body and the physical world.

Everything there is allowed and everything is possible.

DNA is a molecule found in every cell in the body.

There are billions of cells in the body and each cell has one DNA.

DNA contains human memory, whatever was and will be, everything we know and everything we will know in the future, infinite memory in every single cell in the body. **A divine wonder.**

How does it serve us in creating goals and realizing dreams?

When the address on the wall of the subconscious will be there for several years, A full synchronization is created between the conscious and the subconscious, and then all seeps into the DNA, and then a quantum leap is made, the cells in the body are washed in a hidden light and at that time you will be after the change and the successes you have requested.

This change will pass to future generations from father to son in the sperm chamber of the father and in the egg of the mother.

There are situations in which a dramatic change in personality and worldview instantly leads to quantum leap and change of reality in a moment.

Such changes have been observed in the world in many places and have been documented.

You can read about it in Dr. Deepak Chopra's "Quantum Healing."

Dr. Chopra describes many cases in which people who had terminal illnesses emerged with a quantum leap, A sharp and dramatic change in their approach and life values led to a change in the molecular structure of the body and, instead of certain death, a very good health and consecutive success were observed at once.

You can also make a quantum leap.

The way there is possible for everyone.

3 tools will help us achieve our goals:

- Reading this guide several times until understanding and assimilation.
- Practicing Lous-Yoga meditation for 40 consecutive days to change the writing on the wall.
- Execute Lousky remedies for changing bad habits.

What do we receive and give in life?

On the physical level, people receive and give things that can be seen as money, furniture, various objects, instruments,

In the emotional level (hidden) people receive and give love and its products such as praise, hug, a good word, appreciation,

In the intellectual level, people receive and impart positive thoughts and negative thoughts, values, worldviews, attitudes,

And in the spiritual level (hidden) recipients in order to give.

This is the desired direction, this is the big secret.

Is the desire to receive is spoilage? Diseases? Faults?

The desire to receive is our natural state, a man is born to receive,

God in infinite giving and people in infinite receiving.

Pot and lid, light and vessels.

God wants to give all the time and Adam wants to constantly receive.

A person escapes from what frightens him and seeks what pleases him.

Pleasure is a natural need, a pleasurable acceptance and therefore a person wants more and more.

A person wants food, drink, money, health, successes, love, relationships, appreciation, praises, hugs, and fulfillment of dreams.

Every person naturally wants as much as he can for himself.

So what's the problem?

True, any kind of receiving is a pleasure, and the greater the desire to receive, the greater the pleasure, but the greater the pleasure, the greater the affliction and damage.

Disorders and malfunctions were created by the desire to receive.

So what are we doing?

To make a pleasurable affliction you should immediately convey everything you receive on to others unconditionally.

And in no way repay to whom you received from.

So after you have eaten, and after you have drunk, you have to evacuate.

And after you have loved yourself love others, and after you have learned teach others.

You will immediately transfer everything you receive and thus release everything you received

This way you empty the tube and leave it empty.

The void is free will. Do not worry the void is always filled back with what came out.

So always make sure your giving is pure and without thinking about "what I got out of it."

If something stays in the tube it will start to accumulate dirt and grime and it will prevent you from reaching your goals and dreams and it will cause you malfunctions and illnesses and even death.

How do we deal with the desire to receive and the desire to give?

When you get to say thank you and never think:

"How and when I return something equivalent to him."

When you give to another give with love and never think:

"How will I get back something equivalent to what I gave".

If these are your thoughts, do not fight them, just replace negative thought with positive thinking.

Tell yourself: "I give with all my heart...period."

Tell yourself: "I received, say thank you and forget about it."

What are the possible modes of accumulation between receiving and giving?

1. Receive-in order to receive (- -)
2. Give in order to give (+ +)
3. Give in order to receive (- +)
4. Receive in order to give (+ -)

Receive-in order to receive (- -)

Receiving in order to receive is not possible,

The more you get the bigger the damage.

Imagine that you eat all the time and never evacuate.

The result, of course, is that the stomach will explode.

Imagine learning and learning and becoming a great therapist and professional but you have no one to take care of, whom to transfer.

The result is that you are lost in the information overload.

Imagine that you are filled with a sea of love, and you have no one to give.

Imagine that you have boxes of money and you have nowhere to spend it.

The desire to receive in order to receive is spoilage, malfunctions, diseases, death.

Give in order to give is wonderful (+ +)

Give without expectations and without thinking about what you will receive in return. Giving is always worth good health and success.

Give in order to receive (- +)

To give in order to receive means expecting getting something in return.

I'm not telling you anything new when I say that expectations are always disappointments and giving in order to receive is always the worst thing

you can do.

It is transformed from light to darkness from good health to disease, from successes to failures.

This is the opposite direction to nature, the opposite direction from the future to the past, as the sea gave water to the river, as you evacuate yourself and then you ate what which has been vacated, such as receive twice and give once.

In this case the tube is full of diseases and mishaps.

It should be remembered that free will exists only when there is a vacuum in the tube.

Only the void can create free will. If there is no free will there is no health and no fulfillment of dreams.

Receive to give (+ -)

To receive in order to give is human and right and allows you to receive more and more to yourself without feeling that you are not modest or you received what you do not deserve, after all you receive to give.

One used to think of someone who accepts himself as an egoistic person. But the truth is that the only one who does not accept for himself is an egoist because he has nothing to give.

It is precisely the one who receives, as much for himself has more to give, he is the philanthropist, the one who praises, his the one who is

happy, the one who smiles and the one who divides everyone the abundance because he has something to share.

You should always strive to be the one who gives instead of the one who receives.

If you have given something of yourself it is clear you have already received it from somewhere - from another person, or from the universe or from yourself or from God and your beliefs.

Therefore the principle is always to think about how to give, abundance will already enter in order to have something to give.

Remember the emptier the tube is the more the tube wants to be filled.

What will the tube fill up with?

It is always filled with abundance and good that comes out of you and always what you get when the tube is filled is much better than you can give of yourself.

See how breathing helps us understand this.

You breathe air which is just oxygen and blows out air and carbon dioxide, the air you spend has gone through the process of collecting waste on its way out of your body, the incoming air will always be much cleaner and better than the air you take into the world.

Your giving will always be far less than your receiving.

To accept this formula to create a balance between the desire to receive and the desire to give is the secret formula of the Book of Creation

to create a free will through which you will fulfill any dream you want.

And now, the question is a question of training and believing that this is what will take you to your dreams.

If you cannot believe it, you will not be able to achieve your goals.

You have to go with it with full faith that this is the formula and there is no other.

Any sensible person knows that, not every sensible person applies it.

Look at the really healthy people who have been in good health for many years, look at the rich, the groundbreaking.

If you look carefully you will see that they have found the secret formula: "receive in order to give".

Create balance to create a free will and with free will you'll fulfill dreams.

What can people gain by giving?

People in giving are better people in everything they do.

They are better at maintaining good health.

They are better at earning more money.

They are better at the profession they work in.

They are better at realizing dreams in creating a vision of fulfillment.

They are the best version of themselves.

How do I know if I'm in receiving and spoiling it again?

When I'm keeping scores

When I remember who I gave to

When I remember from whom I got

When I talk about myself all the time

When I'm in the center of attention

When I hear myself say: "I knew it," I told you so "

How do I know I'm on the right track?

When I think of the other in every situation

When I do not keep scores with others

When I do not remember from whom I got

When I do not remember who I gave to.

Are we always going to spoil it? And how to correct it?

Yes, we will always spoil and always be willing to receive, what needs to be done is to immediately change shape and become a receipt for giving through positive thought.

Change a negative sentence to a positive sentence

If I had a thought like, "I'll give him a present for his birthday, he'll probably give me a similar gift on my birthday."

What I have done is that I have turned a desire to give to the will to receive and spoiled it.

Here's the correction:

"I will give him a present for his birthday, so that it will please him"

And of course, everything is in the mind.

The difference between a conscious person and an unconscious person is the time between the failure and the correction.

A conscious person sees the thoughts that pass through his mind,
Knows that this is not correct and immediately corrects the thought,
Thus, preventing the mishaps that may result from the breakdown.

While an unconscious person will not see the thoughts that are motivated by the will to receive, will not correct at all or correct it after a disaster or an accident or a serious illness.

9 principles for giving

If you decide to give, pay careful attention to the principles of giving, without Care, giving can change shape and become receiving.

Know that what you give is what you will receive back from others.

Give from yourself not in order to receive a reward.

Give yourself something you would like for yourself.

Give from yourself not in order to control another.

Give from yourself without preconditions.

Give from yourself while creating a good feeling for the recipient.

Give out of a sense of responsibility for the outcome that may arise.

Give from yourself of your own choice rather than pressure and constraints.

Give in secret, without others or the recipient knowing about it.

The power of intention?

To make a real change in your life you must put intention in every action in life.

If you do this for 40days, your life will change, End to end.

All your work will have no effect, and Lousky medicines will have no effect unless you put the correct intention.

The intention is whether it is a desire to give or a desire to receive.

Notice what goes through your mind.

What is the correct intention?

Look at your thoughts, what goes through your mind when you do any action in life.

"What do I get out of it? What can I get back?" And this clearly indicates that you're "giving in order to receive." And that as we said is very bad.

The thought "I must repay him" or "How can I repay him" going through your mind?

Any such thought must be eliminated immediately.

These are negative thoughts that will leave you in the same place.

What to do?

Negative thoughts can only be eliminated through positivity.

The more you deal with the negative thoughts, the stronger they will be, and the more you will be withdrawn instead of moving forward.

Therefore, any negative thought that comes must be changed in positive thinking.

For example, when such a thought comes up: "What did I get out of this whole story?"

One must immediately change it with the opposite thought: "I give out of love and free will and forget about it" and everything in mind.

The way to make real change and achieve all your goals is to put an opposite intention to your nature.

if what goes through your mind is, "what do I get out of it," turn it into

"I give out of love without keeping scores."

If what's going through your mind is "How can I repay him?" Change it to

"I thank him for his generosity" and forget about it.

Power of intention is the power to change reality.

And remember that the intention is only in the mind, not in words or deeds.

And only you know if you have acted opposite to your nature or not.

Only you will know if you have acted correctly.

Reality is the only evidence for you.

If reality has changed for the better you are on the right path,

If reality has not changed or even worsen, there is a setback.

See what you did wrong.

Read this guide again.

Practice the Lous-Yoga meditation.

Practice Lousky medicines.

Remember, it all starts with the mind, consciously, if you practice enough It will come to the subconscious mind and there will be a new address on the wall that will take your dreams with you.

Guided Imagination - You're already there.

close your eyes, take 3long breaths.

And now you see a truck full of money, there are almost 400 million dollars.

It's yours.

You feel as good and healthy as you never felt before.

The doctor told you that you would probably live up to 320 years if you wanted to.

You feel your heart is about to explode with love you have to give.

And the knowledge you have accumulated is equivalent to five doctorates in various subjects.

You are fulfilled, you have fulfilled all your dreams and much more.

Take another 3long breaths.

Now you notice that there is no one around you, you turn and look for people, but there is no one.

You're on a planet alone, alone.

You are with lots of money, lots of health, lots of knowledge, and lots of love in your heart, you have everything, but you are alone on a planet and you have no way to get out of there.

What will you do with everything you have?

What will you do with all the money you have? Who will you give to?

where will you shop? Where will you invest? What will you do with all the knowledge you have accumulated? Who will you transfer it to?

What's the use? What will you do with the great love that is in your heart to give? What will you do with the years and health you received?

You understand?

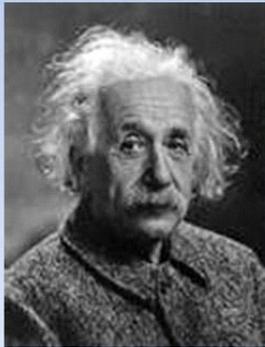
You can do something with all your dreams only if there are people next to you who you can give them, pass on what you have.

From here you will realize that your destiny is to give and your nature is to receive.

What is important to remember and understand from this story is the equation.

If the equation is: abundance = give

So obviously also: give = abundance



$$E=mc^2$$

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If you give of yourself in every way, the abundance will come.

If you are always giving in everything you can fulfill all your dreams.

Giving is what allows acceptance and creates a balance between the desire to receive and the desire to give and this balance creates the free will,

and free will is the great secret to fulfill any dream, develop any talent

Or whatever capacity you want.

The free will is simple and genius and can be easily performed.

Go against your nature which is the desire to receive and connect with your destiny which is the desire to give.

I tried, and it didn't work?

Some people bought this course to mark V and told themselves I tried and it didn't work and look for any excuse to blame others for their failure.

And there are people who came to make a change and found every way to overcome the obstacles to success.

What kind of people are you? What have you come here to do?

Make a change? or mark V "I bought another course and it didn't work." Now, it all depends on you.

Walls of blocking beliefs.

You will find your barriers and change from a negative statement to a positive statement.

negative statement:

I'm not lucky, :1 it's my destiny	I'm not a :7 technical person	I cannot do :ח what I want
The first step is :2 hard for me	will not give :מ more than myself	My timing is :ב very bad
I'm scared and :3 full of worries	I do not know :ג what I want	I do not have :א enough money
I am bound, will :4 not allow me	I do not believe :ו in myself	I cannot seem :ד to be in focus
I have negative :5 thoughts	To succeed, :ע you have to work hard	I do not see my :ה goals
The world is :6 crooked, full of quirks	I'm not good :פ enough	And it's hard for :י me to persevere
My environment :7 opposes	It's hard for me :צ to commit myself	I'm always being :ר set up
I have not :8 learned enough in life	I have no big :ק dreams	It's hard for me :נ to talk in front of people
Do not know :9 how to do it	I keep arguing:ך	I have no taste :ט for these things

It's hard for me :10 to accept the situation	I have no :פ hunger for anything	I am not a person :' of initiatives and action
	I do not :ת understand myself	I'm like that, :כ cannot change

positive statement

I'm lucky:1	I solve technical :ל problems	I can be anything I :א want
the first step is :2 very easy	I give from myself :נ above and beyond	my timing is :ב perfect
I love myself the :3 most in the world	I know what I want:ג	I have every :א means
I may or may not :4 be	I believe in myself:ו	I'm focused on my :ד target
I have only positive :5 thoughts	My life is wonderful :ז and easy	I see my goals:ה
I love what's :6 different and unique	I have self :פ confidence	I am disciplined :י and creating meaning
My environment is :7 supportive and encouraging	I'm dedicated to :צ my goals	everybody helps :ר me
I've learned all :8 that is necessary	I'm dreaming for :ק humanity	speaking is my :ח work tool
when I get there ill :9 know what to do	I live in peace with :ך the world	I have good taste :ט in everything
Whatever comes :10 out I'm satisfied	I want to devour :ש the world	I'm an :' entrepreneur and a pioneer

	my emotions and mind are in sync	I make changes in life
--	-------------------------------------	---------------------------

Define success

Let's see, define what success is for you?

Write down where you want to go with this special course.

What is your goal **really**?

The word **really** is all about it,

If you **really** want it, you will **really** get it.

If you don't **really** want it, you will not **really** get it.

So, your task now is to decide who you are?

What do you **really** want?

And why?

Why do you want what you want?

The "why" is the leverage that changes everything,

Find the "why" and you will find meaning and you will find the biggest leverage that will carry you many years to many successes.

Why you really want something in life Hides your story, your story begins at the lowest place you came from and it will leverage you to all the successes.

And now we have come to the work you need to do to acquire the ability of free will, to fulfill any dream, or to excel in any field you wish, to be much better in any field you have touched till this day.

Here are your tasks

1. Read this guide again and again
2. Change habits using Lousky Medicines.
3. Listening and practicing Lous-Yoga meditation.

Everything must be done for 40 consecutive days,

If you stopped halfway through the process, You must start all over again.

Lousky Medicines for Changing Habits

Here are your medicines

Lousky # 1 drug

Do good deeds all day long, For 40 consecutive days.

A good deed is everything you define as a good deed.

- Think of a friend in distress saying to yourself, "This is a good deed."
- Clean the kitchen - Say: "This is a good deed"

In all these actions you will intend to receive abundance to give and serve others.

Do a lot of good deeds, so you will accumulate a bank of good deeds and when you feel that you have done something that is contrary to your beliefs you will have somewhere to pay.

Pay from your good deeds bank and thus avoid mishaps and illnesses.

The better deeds you get, the closer you will get to the ability of free will and the ability to create your world freely.

Lousy medicine # 2

Say thank you for every action you do during the day.

1. you got up in the morning? Say "Thanks".
2. Have you eaten? Say "Thanks".
3. you got good advice? Say "Thanks".
4. You laughed? Say "Thanks".
5. The elevator reached its destination? Say "Thanks".
6. Have you reached home safely? Say "Thanks".
7. Did you get to work in peace? Say "Thanks".
8. Are you breathing? Say "Thanks".
9. Are you healthy? Say "Thanks".
10. Do you have money in your pocket? Say: "Thank you."
11. You don't have money in your pocket? Say "Thanks".

12. Are you happy?? Say "Thanks".

13. You are not happy? Say "Thanks".

14. You have it or not?? Say "Thanks".

In all of these actions you will intend to receive abundance to give and serve others.

Do this for 40 consecutive days.

The more you say thank you, the closer you are to your goal –

The obtaining of free will and the ability to create your world freely.

Lousky # 3

Write an essay "Today in 9 years" one page and no more.

In this essay, describe one ordinary day in your life.

It should be a juicy story with details, people, colors and smells.

The story describes what you have already achieved through the secrets of the Book of Creation.

Describe in detail the goals and dreams and skills you have already achieved.

Describe what you do with all the abundance you have received.

Describe why you do it.

Imagine the story you wrote every night just before you fall asleep or fall asleep with the story, doing it for 40 consecutive days.

Lousky # 4

Statements to be memorized, every morning for 40 consecutive days.

1. I am a guest in the world of the Creator, I accept the Divine abundance only to give it to others.
2. When I receive, I say thank you and forget about it.
3. When I give, I thank God I had where to give from and forget about it.

Put an intention of wanting to receive in order to give.

What are Lousky Medicines?

Lousky medicines are simple human actions such as sleep, shower, positive thinking, good deed, hug, kiss, love, sex, walking, visiting a new place, and more.

In each human action there is the desire to give and the desire to receive in them, so that it is possible to aim for acceptance or giving. Every human action enables the practice, training, maintenance, refinement or correction of each of the 32 intelligences.

The awareness of the desire to receive and the desire to give in every action is what motivates the force of life (free will), and turns every simple human action into a "cure."

Education is the whole story!

According to the Lousky method, each person has 32 intelligences (abilities) and values of life on four levels.

The intelligences and values of life can be trained, corrected, maintained, perfected, and healed like a muscle according to free will.

Positive life values (positive thoughts) affect your desire to live, your health, your success in your career, your relationships and family, and your bank account status.

Positive life values affect your appearance, your mental strength, and your vitality.

Self-education is the whole story.

How It Works?

While you are doing Lousky Medicines, direct your thought toward giving or receiving, aiming where you are not usually directed,

Do the opposite of your nature and the habits you know.

for example:

If you usually give yourself and want to be rewarded, do things purely for giving.

If you receive and immediately look for a way to return to someone who gave you, direct your actions to acceptance to yourself only.

The formula for internal change and success:

The opposite thought and direction to your normal nature, that is, a transformation from receiving to giving and vice versa, creates an inner change as a medicine for balancing the body and mind.

Intentional thought increases the effectiveness of Lousky medicines.

Lous Yoga - Connection to Free Will.

Welcome to the Secrets of the Book of Creation course.
We will go through three simple stages to change the writing on your
subconscious wall and register a new address
which you like to reach.

One - The complete Secrets of the Book of Creation guide should be read several times continuously in order to understand the purpose of this meditation is to change the Awareness and to program your subconscious.

Two - Lousky medicines should be practiced as specified in the complete Secrets of the Book of Creation guide. You received 4 Lousky medications for a change in perception and acquiring correct habits.

Three - This meditation should be practiced at least once a day for at least 40 consecutive days.

You can listen to the meditation or be active. Being active will empower and improve your results.

Let's get started.

Sit comfortably and keep you eyes closed throughout the entire meditation.

Focus on your dreams and wishes throughout the entire meditation.

Be with all the things you wish for yourself - love, relationships, money, health, successes. Tune to the best version of yourself. Take a moment. Now imagine you have already received everything you wished for.

Now is the time to think to who you would like to pass on everything you have learned.

Remember, only after you pass on the wealth and skills you have received, only then will it be yours forever.

The meditation includes several stages: breathing, sounds, intentions, forgiveness process, gratitude and wishes.

Breathing stage

During the breathing stage we freely manipulate our breathing. We will be breathing through the mouth, through the right nose, and through the left nose and rapid dog breathing.

Breathing is intended to expand the heart, remove negative thoughts and introduce clean air and good and positive thoughts.

- Exhale very slowly and hold it for 3 seconds (X3)
- Inhale slowly and hold it for 3 seconds (X3)
- Inhale through your mouth and exhale through your nose. (X3)
- Inhale through your nose and exhale through your mouth. (X3)

- Hold your right nose with your right finger and breath through your left nose (X3)
- Hold your left nose with your left finger and breath through your right nose (X3)
- Now switch to rapid breaths, like a dog, nose and mouth combined until you feel slightly dizzy.
- Now we will go back to normal breathing ...
- Take a moment for yourself.

Declaration stage

I will read this statement and you will repeat after me in your thoughts or out loud:

"I am a soul, a part of God from above.

I came to the world to learn and teach.

To spread the light and experience love "

Take a moment with yourself.

Sounds stage

Pronounce the vowels representing the free will,
7 times, out loud and freely:

A O E U I

Take a moment with yourself.

Intentions stage

Take a long breath ...

Imagine you see the carriage. The numbers and letters are getting off the carriage towards the crown and from there to the entire body, and they bring good health to the body and soul. The letters and numbers have a size, a color and a smell, a weight and a texture and they are descending into the body through a hidden light . A healing light.

The world is an empty space, which is filling up with my free will
The will to give is my destination, a novel cause and the purpose of my life.
The will to receive for myself is only for the purpose of giving it to others
My life is timed - where, when, with whom, how much and how
A larger or a smaller quantity does not influence my happiness
I motivate correct intentions - a seed from which my great result can flourish
A permanent change in my way of thinking and believes is my secret to a long life
I am excited to know I don't know what I don't know
I am complete with the world. I am happy with whatever

comes
My thoughts are always positive and build my vision
I know there is only light and goodness in the world and everything happens for the best
I can restart anything, anywhere, at any age and anytime
The love that I have within me is the reason of all reasons and the medicine of all medicines
I have the ability to be or not to be wherever I am at.
I create through my belief a new and exciting reality
I receive and contain all that differs from me in order to create unity and harmony in my life
I know myself through others and through my experimentations and improve all the time
I know that the more I learn, the less I understand
I have the ability to learn how to study and find the required knowledge when needed
I accept the reality and treat the reason in order to change the result
I have a visual, spatial, sensory, imaginary and multidimensional perception abilities.

I have the ability to listen out of discipline and create meaning to my life
I can smell fraud, truth and lies from a large distance
Speech is a working tool which brings extraordinary results into my life
I have the ability to distinguish good from bad and to act within good reason
I am an entrepreneur. It is engraved within me and I can distinguish right from wrong
I touch things in depth, investigate and touch in order to know
I set goals and focus on enjoying the process itself
I act only according to my beliefs
Life is a game and I know the rules pretty well
I am dedicated to goals and to my life and lead others to successes.
I respect the honor and freedom of people from all over the world

The forgiveness stage

Repeat after me:

"I ask forgiveness from the one, I forgive the entire world"

Take a long breath ... Aim to people with whom you have an unresolved matter and see yourself forgiving them and them forgiving you. Release the past to move forward towards a better future.

Take a moment with yourself.

Gratitude stage

Put your hands on your heart area and repeat after me:

"Thank you for all the goodness and abundance I have in my life"

Imagine all the goodness and abundance you have or do not have in your life ... take a moment with yourself.

Wishes stage

Place five fingers against five fingers and aim towards your goals and destination. Repeat after me:

"I seek the ability to direct, in all my actions, towards my destiny and the purpose of my life."

Imagine you see your destiny ...

You see the blessing ..., you imagine yourself making all your dreams come true, getting all the skills you asked for, all the successes.

You see it ...

Take a moment with yourself.

Breathing observing stage

Place your hands on your knees. Observe your breath,
Watch how clean air enters the body and exits after feeding the body
with oxygen,

air entering the body exits immediately, after just a few seconds,
otherwise you suffocate.

So ... notice how breathing teaches us to accept in order to give.

Never keep something only for yourself.

Breathing will teach you how to pass something on, to get it out, to
release.

Now take 7 long breaths to clean your body and soul and observe
your breathing.

Take a moment with yourself.

Our meditation ends here. In your own free time, come back here to
this moment.

Take a moment ...

Sharing stage

Now think about one word describing the meditation experience we
had now.

Your word can be: love, wonderful, fun, extraordinary, excellent,
peaceful, growth, etc.

Say your word. Now.

Our meditation ends here for now.

Thank yourself for the wonderful work you are doing on the way to
making all your dreams come true.

Loose = free will,
yoga = connection.

Loose Yoga = Connection to Free Will

Los Yoga training times

Los Yoga is performed on a daily basis at 7am and / or at 7pm and / or at any other time.

Duration time of meditation: 13 minutes.

The purpose of Los-Yoga

To create a world that is all good, by connecting people to free will.

The connection to free will enables a quick transition from the thinking stage to discovering the results in reality.

To easily and quickly make dreams come true.

**The Los-Yoga meditation was created
by Dr. Danny Lousky, out of love for life.**

End

Here ends the complete guide to discovery,
Understanding and assimilation of the secrets of the Book of
Creation.